

# **DERFA MOD 1 WATER and FLOOD AWARENESS**

### Who should attend?

Anyone involved with work near water.

## **Course/Programme Requirements**

Be fit for full operational duties in accordance with employers' requirements for this role.

Please bring appropriate outdoor clothing, footwear and gloves. (Specialist equipment is provided.)

#### Aim

To enable people to work safely near water

#### **Outcomes**

After successful completion of the course, the student will have a foundation of knowledge and some basic skills and will be able to:

Understand organisational policies and Flood Rescue Concept of Operations

Have an understanding of flowing water hydrology

Identification of basic characteristics and hazards of the water environment

Safety measures when working near water

Awareness of the physiological effects of entry into cold water

Have an appreciation of the physiology of drowning

Have an appreciation of the difficulties associated with rescues from ice, mud and other unstable surfaces

Understanding of the limitations of non-water rescue PPE in various water environments

Awareness of the range and limitations of water PPE

Have knowledge of the prioritized approach to rescue attempts

Demonstrate use of throw bags

Awareness of Night Operations; hazards and limitations

Awareness of Floods; hazards and limitations

## **Delivery Method**

By lectures, practical exercises. A course manual is issued.

## Assessment/Certification/Accreditation

Core course content is assessed by observation. Results are centrally recorded.

Students will receive Outreach Rescue Certification on successful completion.

#### Venue

Outreach, Llanllechid, Bangor, Gwynedd, LL57 3HY.

Alternatively we can deliver the course in-house

## **Duration:**

One day duration 0900 to 1600

#### **Dates and Prices:**

Contact Outreach Rescue by phone or log on to our Website.

### For Bookings/Further Information

The Outreach Organisation

**Tel:** 01248 601546

Email: enquiries@outreachrescue.com

www.outreachrescue.com