

Safe Work at Height & Rope Rescue Operator

Who Should Attend:

Emergency Services personnel and personnel from organisations involved with work at height and rope rescue at an operator level.

Pre-Requisites or APL:

- ✦ Stand-alone course with no pre-requisites

Requirements:

- ✦ Indicated aptitude for working at height
- ✦ Fit for operational duties
- ✦ Physical fitness for potentially strenuous training

Aim:

To enable students to act as competent, supervised operatives in work at height and rope rescue situations.

Outcomes:

On successful completion of the course, the student will have a foundation of knowledge and skills and be able to:

- ✦ Apply knowledge of rescue equipment; use, care, application and maintenance
- ✦ Assess hazards associated with use of rope systems and create appropriate responses
- ✦ Understand theory of fall prevention and hierarchy of safety systems
- ✦ Demonstrate understanding of legal requirements and Health and Safety as applied to rope rescue situations including basic casualty care and skills maintenance
- ✦ Demonstrate safe application of a range of technical rescue equipment and its application within the basic systems for rescue and twin line working: Anchoring, belaying, abseiling, rope ascent, lowering, raising, and working on structures

Compliance:

- ✦ BS 8454
- ✦ Work at Height Regulations
- ✦ LOLER
- ✦ PUWER

Duration:

5 days with 36 hours contact time

Ratios:

Trainers 1:6 Students

Delivery Method:

Lectures, classroom work, practical sessions and scenario based training. A course manual is issued.

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Equipment:

Specialist equipment and PPE is included. You can provide your own PPE provided it is serviceable subject to inspection by our trainers.

Clothing suitable for working outdoors in all weather will be required, as well as gloves suitable for rope work.

Assessment:

Course content is assessed by a combination of direct observations of set tasks, question and answer, written/multi choice exams and scenario-based assessment. Individual feedback is provided.

Certification:

Students will receive a digital Outreach Rescue certificate of achievement upon meeting assessment criteria. Results are recorded on a personal record of performance and recorded on the Outreach Rescue Database.

Certification is valid for 3 years.

Progression:

Recertification & Refresher training is recommended every 2 years.

Successful completion allows entry to:

- ✦ Rope Supervisor
- ✦ Rope Instructor Training

If delivered at Outreach Rescue this course satisfies module 'Specialist Rescue 1 (5084EXQ)' for the Diploma in Specialist Rescue and is worth 30 credits.

Venue:

Outreach Rescue, Tan-y-Bwlch Centre, Llanllechid, Bangor, Gwynedd, North Wales LL57 3HY

Please contact us to discuss the possibility of delivering this course at your premises.

Further Information & Booking:

Current open course dates are available on www.outreachrescue.com

Please contact us to book or to enquire about bespoke courses or additional dates:

01248 601546

enquiries@outreachrescue.com