

# WORK at HEIGHT and ROPE RESCUE OPERATOR

## Who should attend?

Emergency Services personnel involved with work at height and rope rescue, at operator level.

## Course/Programme Requirements

Owing to the nature of the training, students must:

- Be fit for full operational duties in accordance with Organisation requirements for this role.
- Have an indicated aptitude for working at height.
- Have received training in Health and Safety at Work, including manual handling.  
The module will involve students undertaking potentially strenuous training.

Personal equipment should include appropriate all-weather outdoor clothing. All specialist equipment required is provided with the exception of gloves suitable for rope rescue. Service uniform is not required.

**Contact us for further information including detailed course content, assessment process and progression notes.**

## Aim

To enable students to act as competent, supervised operatives in work at height and rope rescue situations.

## Learning Outcomes

On successful completion of the course, the student will have a foundation of knowledge and skills and be able to-

- Apply knowledge of rescue equipment, use, care, application and maintenance.
- Assess hazards associated with use of rope systems and create appropriate responses.
- Understand theory of fall prevention and hierarchy of safety systems,
- Demonstrate understanding of legal requirements and Health and Safety as applied to rope rescue situations including basic casualty care and skills maintenance.
- Demonstrate safe application of – A range of technical rescue equipment and its application within the basic systems for rescue and twin line working Anchoring, belaying, abseiling, rope ascent, lowering , raising. and working on structures.

## Delivery Method

By lectures, practical exercises and scenarios. A course manual is issued.

## Assessment/Certification/Accreditation

Core content is assessed by a combination of continuous, scenario based and written assessment to inform the student's development indicators. Results centrally recorded and entered in a personal Record of Performance.

Students will receive Outreach Rescue Certification upon successful completion of the course.

## Venue

Outreach, Llanllechid, Bangor, Gwynedd, North Wales LL57 3HY.

## Duration:

Five days residential.

*Programme Times:* Days One-Four 0900–1730  
Day Five 0900–1600

## Dates and Prices

Contact Outreach Rescue by phone or log on to our Website.

## For Bookings/Further Information

**Tel:** 01248 601546

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[www.outreachrescue.com](http://www.outreachrescue.com)