

Rescue Craft Paddling (2 days)

Who Should Attend:

Emergency Services personnel and personnel from organisations involved with water rescue responses requiring the use of paddle manoeuvred craft. This course allows for further skill development than what can be achieved during a DEFRA MOD 3 Water Rescue Technician.

This course has been created recognising that the DEFRA MOD 3 does not allow the time to take rescue craft paddling beyond basic manoeuvres on flat water, and recognising that services at times require skilful paddling of rescue craft in water rescue operations.

Pre-Requisites or APL:

- ✦ In-date DEFRA MOD 3 compliant award

Requirements:

- ✦ Indicated aptitude for working near and in water
- ✦ Fit for operational duties. This course is mostly practical, and will involve strenuous paddling activity throughout.

Aim:

To develop and coach knowledge and skills to enable rescuers to reliably manoeuvre rescue craft in class 1 and 2 water.

Outcomes:

- ✦ Demonstrate working knowledge of craft types, as well as limitations and optimal uses for a variety of rescue situations.
- ✦ Demonstrate judgement of position in craft in relation to trim and edge.
- ✦ Demonstrate competent use of single and double-bladed paddles.
- ✦ Perform a variety of paddle strokes effectively in various craft.
- ✦ Apply a working knowledge of hydrology and associated hazards for craft.
- ✦ Demonstrate controlled breaking in and out of eddies, as well as crossing current.
- ✦ Carry out capsizing drills in multiple craft.
- ✦ Understand and apply relevant rescue techniques from within rescue craft.

Duration:

2 days with 13 hours contact time

Ratios:

Trainers 1:4 Students

Delivery Method:

This course is predominantly practically focused and involves a lot of activity and coaching.

Equipment:

Specialist equipment and PPE is included. You can provide your own PPE provided it is serviceable subject to inspection by our trainers.

Assessment:

Course content is assessed by direct observation of rescue paddlers ability to manoeuvre and control the rescue craft.

Certification:

Students will receive a digital Outreach Rescue certificate of achievement upon meeting assessment criteria. Results are recorded on a personal record of performance and recorded on the Outreach Rescue Database.

Certification is valid for 3 years.

Progression:

Reassessment & Refresher training is recommended every 2/3 years by means or re-attending this course.

Venue:

Outreach Rescue, Tan-y-Bwlch Centre, Llanllechid, Bangor, Gwynedd, North Wales LL57 3HY

Please contact us to discuss the possibility of delivering this course at your premises.

Further Information & Booking:

Current open course dates are available on **www.outreachrescue.com**

Please contact us to book or to enquire about bespoke courses or additional dates:

01248 601546

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