

# Paratech Heavy Lift Who Should Attend:

The 2 day Heavy lift course is designed for those who already have a working knowledge of Paratech equipment in regard to characteristics, assembly and basic application who want to learn to use this equipment for the movement of heavy loads in locations where mechanised lifting is not possible.

# Pre-Requisites or APL:

Training in Paratech use (course not suitable for Paratech beginners)

#### **Requirements:**

- Working knowledge of Paratech equipment
- Fit for operational duties
- Physical fitness for potentially strenuous training

#### Aim:

The aim of the course is to develop candidates ability to identify and build the most appropriate system required in any given situation, based on assessment of load, ground condition, anchor availability and position, equipment available, safety considerations and personnel on task.

## Outcomes:

On successful completion of the course, the student will have an understanding of:

- Bipod, Tripod and Monopod theory
- Anchor selection, positioning, loading and application for optimum strength and operating safety
- Safe assembly and process for all equipment
- Forces acting on Paratech equipment and anchor systems
- Types and application of tether systems
- Use of wire rope and mechanical winches as appropriate
- Use of rope and slings in this application
- Types and application of connectors
- Ground anchor considerations and basic assessment

# Compliance:

- 🤌 LOLER
- 🤌 PUWER

#### Duration:

2 days with 16 hours contact time

## Ratios:

Trainers 1:6 Students

#### **Delivery Method:**

Lectures, practical sessions and scenario based training. This course is largely practical.

## **Equipment:**

Toe capped footwear is essential.

Helmet suitable for work at height (can be provided). Gloves suitable for ropework (can be provided) You can provide your own PPE provided it is serviceable

subject to inspection by our trainers. Clothing suitable for working outdoors in all weather will be required.

## Assessment:

Course content is assessed by a combination of direct observations of set tasks, question and answer, and scenario-based assessment. Individual feedback is provided.

# Certification:

Students will receive a digital Outreach Rescue certificate of achievement upon meeting assessment criteria. Results are recorded on a personal record of performance and recorded on the Outreach Rescue Database.

Certification is valid for 3 years.

#### **Progression:**

Recertification & Refresher training is recommended every 2 years.

#### Venue:

Outreach Rescue, Tan-y-Bwlch Centre, Llanllechid, Bangor, Gwynedd, North Wales LL57 3HY

Please contact us to discuss the possibility of delivering this course at your premises.

# Further Information & Booking:

Current open course dates are available on www.outreachrescue.com

Please contact us to book or to enquire about bespoke courses or additional dates:

01248 601546

enquiries@outreachrescue.com