# OUTREACH

# **Bariatric Rescue**

## Who Should Attend:

Emergency Services personnel and personnel from organisations who are called upon to move bariatric patients.

With increasing numbers of difficult rescues year on year, and the ever-present risks of injuries to rescuers, this course covers best practice in the movement of large casualties minimising these risks and providing the best patient care.

## Pre-Requisites or APL:

Manual handling training

## Requirements:

- Fit for operational duties
- Physical fitness for strenuous training

#### Aim:

To equip students with the knowledge and skillsets to plan and conduct the safe extraction of bariatric patients from a range of situations.

### **Outcomes:**

On successful completion of the course, the student will have a foundation of knowledge and skills and be able to:

- Recognise when bariatric rescue techniques are applicable
- Understand the types of incidents requiring a bariatric rescue response
- Understand the legal responsibilities involved in bariatric rescue
- Understand bariatric physiology, body shapes, associated co-morbidities, mental health issues, handling issues and patient dignitiy for casualty centred rescue
- Understand, consider and plan all elements to a bariatric patients journey
- Understand partner agencies who may be involved in bariatric rescue
- Assess risks and hazards associated with bariatric rescue
- Understand structural considerations and the basics of shoring techniques for stability
- Crew welfare considerations
- Use specialist bariatric rescue equipment for casualty packaging and handling
- Make use of generically available equipment for the purposes of bariatric rescue
- Utilise a range of techniques for efficient and safe movement of bariatric patients
- Understand anchors and forces involved in bariatric rescue

Conduct a number of realistic scenario based training exercises to put all the learning points into action

## Compliance:

- LOLER
- PUWER
- NFCC NOG's

#### **Duration:**

2 days with 16 hours contact time

#### Ratios:

Trainers 2:8 Students

# **Delivery Method:**

Lectures, classroom work, practical sessions and scenario based training. A course manual is issued.

## **Equipment:**

Specialist equipment and PPE is included. You can provide your own PPE provided it is serviceable subject to inspection by our trainers.

Clothing suitable for working outdoors in all weather will be required, as well as gloves suitable for rope work and holding cables plus toe capped footwear.

## Certification:

Students will receive a digital Outreach Rescue certificate of attendance upon completion of the course. Results are recorded on a personal record of performance and recorded on the Outreach Rescue Database.

Certification is valid for 3 years.

## Progression:

Recertification & Refresher training is recommended every 2 years.

#### Venue:

Outreach Rescue, Tan-y-Bwlch Centre, Llanllechid, Bangor, Gwynedd, North Wales LL57 3HY

Please contact us to discuss the possibility of delivering this course at your premises.

## Further Information & Booking:

Current open course dates are available on www.outreachrescue.com

Please contact us to book or to enquire about bespoke courses or additional dates:

#### 01248 601546

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