

# Working in Low Risk Confined Spaces

## City & Guilds Level 2 Award 6160-01

### Who Should Attend:

This course is for personnel with no existing confined space knowledge who are required to work in a low risk confined space environment, OR those needing to recertify as a Low Risk entrant.

### Pre-Requisites or APL:

- ✧ Stand-alone course with no prerequisites

### Requirements:

- ✧ Aptitude for working in confined spaces
- ✧ Fit for operational duties

### Aim:

The aim of this unit is to reflect the national occupational standard for a low risk confined space environment. This unit covers both the water and non-water industry areas.

### Outcomes:

On successful completion of the course, the student will have demonstrated their competence, knowledge and skills enabling them to meet the City & Guilds requirements to:

- ✧ Prepare to work safely in low risk confined spaces (i.e. NC1 classifications)
- ✧ Enter and exit low risk confined spaces safely
- ✧ Use equipment and tools safely
- ✧ Follow working procedures and work safely
- ✧ Deal with emergencies
- ✧ Understand the principles of working in low risk confined spaces
- ✧ Understand standard protocols for working in low risk confined spaces

Additionally, Outreach Rescue ensures the following subjects are covered on this course:

- ✧ Identification of Confined Spaces
- ✧ Atmospheric monitoring
- ✧ Legislative requirements
- ✧ Ventilation
- ✧ Rescue plans

The use of any form of breathing apparatus or vertical entry equipment is NOT covered on this course

### Compliance:

- ✧ Confined Space Regulations 1997
- ✧ National Occupational Standards for Working in Confined Spaces – EUSCS01

### Duration:

1 day with 8 hours contact time

Low Risk Confined Space 05072022

### Ratios:

Trainers 1:8 Students

### Delivery Method:

Lectures, classroom work, practical sessions, scenarios.

### Equipment:

Specialist equipment and PPE is included. You can provide your own PPE provided it is serviceable and subject to inspection by our trainers.

You are expected to bring the following:

Overalls, Safety boots (non-slip, toe capped), Gloves (can be provided), Comfortable and suitably warm & weatherproof clothing.

### Assessment:

Course content is assessed by a combination of direct observations of set tasks, question and answer, a short answer externally set exam and scenario based assessment. Individual feedback is provided.

### Certification:

This course can be certified by City & Guilds or by Outreach Rescue upon meeting the assessment criteria. For City & Guilds certification, there is an additional fee of £45, and printed certificates are provided. There is no additional fee for Outreach Certification, and results are recorded on the Outreach Rescue Database. Certification is valid for 3 years.

### Progression:

Recertification is recommended every 2 years.

This course is not a prerequisite for any higher awards in Confined Space working.

### Venue:

Outreach Rescue, Tan-y-Bwlch Centre, Llanllechid, Bangor, Gwynedd, North Wales LL57 3HY

Please contact us to discuss the possibility of delivering this course at your premises.

### Further Information & Booking:

Current open course dates are available on **[www.outreachrescue.com](http://www.outreachrescue.com)**

Please contact us to book or to enquire about bespoke courses or additional dates:

**01248 601546**

**[enquiries@outreachrescue.com](mailto:enquiries@outreachrescue.com)**